



PHYSIO ASIA –BRINGING THE POWER OF TOUCH TO A WHOLE NEW LEVEL

At Physio Asia, we strive to provide efficient and effective physiotherapy using the latest technology, techniques and evidence-based clinical practices. Our goal is singular, with our patients being the reason for our pursuit of clinical therapy breakthroughs.

We seek likeminded professionals to bring pain management solutions to a whole new level. As our Licensee or Franchisee partners, you will gain access to the practice of our proprietary SCORES program comprising the following:

- Program manuals containing information on the concept, techniques and operations of the SCORES program
- Rights to hardware and software including:
Spinal Decompression Therapy
Computerized Audio-Visual Pressure Biofeedback
Real-Time Ultrasound Imaging (RTUI)
- Comprehensive training for key staff and support from Physio Asia during the initial setup as well as regular updates on the latest technology in the field
- Franchise business formats will receive relevant resources on the setting up and operations of your Physio Asia business.

Physio Asia is a V2U Healthcare company.
For corporate information, please visit our website:

www.physioasia.com
www.v2uhealth.com

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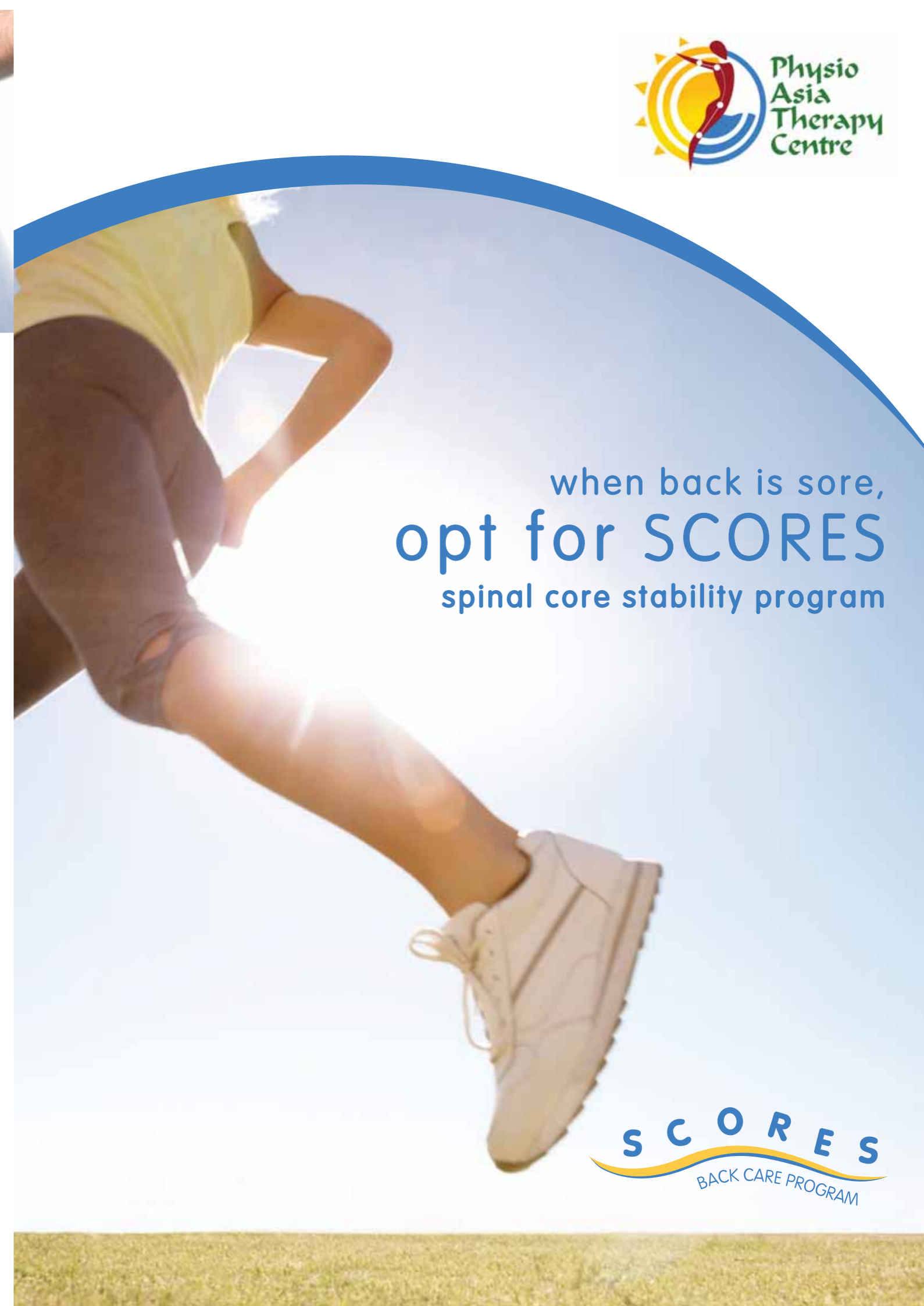
REACH

US



when back is sore,
opt for SCORES
spinal core stability program

SCORES
BACK CARE PROGRAM



HOW

HOW DOES THIS STACK UP?

Many patients with back pain may feel better after initial traditional treatment, but their symptoms can return within a few days. As a side effect of the recurrent back pain, these muscles become weak and do not get activated as efficiently, resulting in loss of appropriate back curvature – the cause of increased stress on the spine.

Long lasting relief can be achieved through proper core stabilization and active therapeutic exercise for the stabilising muscles - These CORE Stability muscle groups are important in distributing the weight bearing stresses and protecting the back from being injured.



SCORES

WORKS



SCORES

BACK CARE PROGRAM

SCORES A SUREFIRE SOLUTION FOR BACK AND NECK PAIN

Backed by a team of passionate professionals with scores of expertise and years of experience in physiotherapy, Physio Asia has developed an exclusive Spinal Core Stability Program or "SCORES", to provide comprehensive and integrated treatment for those suffering from acute, sub-acute or chronic, debilitating low back or neck pain.

SCORES provides evidence based clinical approach and administering patient care by combining state of the art Technology and clinical skills for most effective outcome.

SCORES is suitable for assessment purposes, as well as for active core and neck muscle strengthening and lumbar spine stabilization.

Patients who can benefit from SCORES include those with recent or chronic neck or back problems, have undergone abdominal or back surgery, given birth in the past or who would like to take preventive measures against back injuries.



OUR APPROACH WITH SCORES

1 SPINAL DECOMPRESSION THERAPY

This technique utilizes slow sustained decompressive (Pull) force on the disc – for disc herniations –to facilitate the healing of the ruptured or prolapsed disc. The patient can be positioned in varied positions targeted at the affected segments of spine. This provides effective stretching to tightened muscles– especially in unilaterally affected muscle groups.

2 MANUAL THERAPY TECHNIQUES

The skillful hand of the clinician provides fine manipulation to the soft tissues and mobilizes the specific spinal segments to achieve pain relief. Highly specialised mobilisation tables are also used during the therapy sessions to provide mechanical mobilisation for stiff spine and tight muscles without stressing them.

3 COMPLEMENTARY TREATMENT MODALITIES

The SCORES program incorporates the use of a number of Modalities. Depending on the assessment and needs of the patient, LASERS, Therapeutic Ultrasound, Electrical Stimulations and Heat Therapy are applied appropriately. These modalities are critical in providing immediate pain relief. They also promote healing and recovery at a faster rate.



4 PRESSURE BIO-FEEDBACK WITH AUDIO

This proprietary audio –visual biofeedback system consisting of an inflatable pressure cuff that is operated via a computer to allow patient to work their core muscles to desired levels and targets. The targets can be adjusted to high or low levels according to patient's tolerance, performance and progression. This provides an objective way of exercising specific muscles most effectively.



5 REAL TIME ULTRASOUND IMAGING (RTUI)

This breakthrough approach allows the therapist as well as the patient to see the actual muscles in action and is used as an assessment and training tool to activate the muscles correctly and enables one to learn the correct pattern of muscle action in relation to the required function and also in relation to other muscles.

6 EXERCISE BALLS AND BANDS OR TUBES

Once the patient has exhibited progress, such as moving from acute to mild pain status, the next step is to assist the patient to "back to normal" functional levels. Exercise ball exercises are performed to gain global (big) muscle and core strength, improve endurance and stamina, correct posture, stretch muscles and improve health in general. Resistance bands are added for further strength training.