

SPECIALIST NEURO-PHYSIOTHERAPY OFFERS

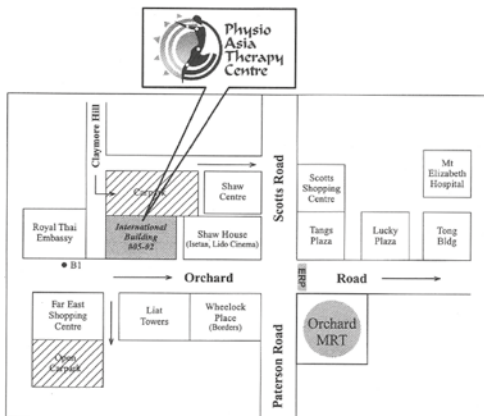
- Assessment
- Treatment
- Rehabilitation
- Home visits
- Optimising quality of life

Our therapists will formulate a plan to help you reach achievable goals. This may involve regular physiotherapy and also consultation with other health professionals as required.

FACILITIES

We have a spacious layout of approx. 1300 sq. feet with five treatment cubicles and a well equipped gymnasium.

LOCATION



• B1 - Bus Stop 7, 105, 106, 111, 123

▨ Carparks

Located within walking distance from Orchard MRT and the Bus Stop is in front of Royal Thai Embassy

*Bus No's : 7, 36, 77, 105, 106, 111 and 132, 502

*Car Park: Free Parking for the 1st hour

Physio Asia Therapy Centre Pte Ltd

360 Orchard Road, #05-02

International Building, Singapore 238869

Phone: 6736 4142, Fax: 6736 1128

Website: www.physioasia.com Email: info@physioasia.com



**Providing
Specialised Neurological
&
Vestibular Rehabilitation**

**For Adults and Children with
a Neurological Diagnosis.**



Our neurological physiotherapist will offer a professional and caring environment to help people recover and manage the impact of

- Stroke
- Vestibular problems (including vertigo, balance issues caused by dizziness from inner ear dysfunction, diagnosis of BPPV, vestibular neuronitis, menieres disease, post head injury and stroke)
- Recovery from neurosurgery
- Multiple Sclerosis
- Peripheral neuropathies
- Parkinson's Disease
- Traumatic brain injury
- Motor Neuron Disease
- Falls and unsteadiness
- Cerebral Palsy
- Cerebellar disorders (ataxia)



A neurological physiotherapist has an interest in helping people with problems due to damaged nervous and/or sensory systems.

They assist people who have problems with functional activities such as

- Moving on the bed
- Walking
- Standing up from a chair
- Balance in standing
- Using their arms and hands

Treatment

Neurological physiotherapy will include some of the following:

- Facilitation of normal movement
- Vestibular rehabilitation
- Balance assessment and treatment
- Strengthening exercises
- Management of spasticity
- Home exercise programs
- Falls prevention education and exercise
- Splinting and orthotic advice
- Training for care givers and family

Your Physiotherapist

Your physiotherapist will provide you with an individual assessment, giving you honest and objective information to develop your treatment plan. Individual goals will be set to increase you independence and comfort in daily life and help to minimize any disability.

Assessment will include looking at:

- Strength
- Coordination
- Tone
- Dizziness
- Sensation
- Movement control
- Joint function and structure
- Specialised testing

